

Suburban Physical Therapy

Accessibility. Experience. Results.

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To Gymnastics World of Twinsburg Parents/Guardians:

Please complete the following form if you would like your gymnast to have the opportunity during the course of the year to seek a free injury screen if needed while at Gymnastics World. The form is to gain your consent to the consultation at any time over the course of the year. The injury screen will be performed at the gym by a Suburban Physical Therapy clinician who is licensed in physical therapy.

This is not a formal physical therapy evaluation or treatment session.

The goal of the screening is to determine if your daughter/son has an injury that requires one of the following:

1. Further evaluation by a physician
2. Formal physical therapy evaluation and treatment
3. Exercises to be performed at home
4. Direction for coaches for participation status

The goal is to help keep gymnasts in the gym safely to minimize time lost from injuries and promote full participation.

Sessions will be in the gym on the 1st and 3rd Tuesdays of the month January through May beginning on January 16th, 2024 with appointments starting at 7:00pm. Gymnasts can sign up on the whiteboard posted in the gym; appointments are first come first serve.

If your gymnast is unable to be seen at the gym, we offer complimentary injury screens at both of our clinic locations. This can be scheduled by calling the location that is most convenient for you.

Please contact Katelynn Fornes at katie@suburbanpt.com with any questions.

Sincerely,

Katelynn Fornes, PT, DPT, OCS